

Pro-Vision Academy Charter School
Dance Distance Learning Plan

Middle School Dance
Distance Learning Plan
Week of April 20 - 24, 2020

TEKS: D1.3.A

The student is expected to: perform memorized movement sequences with rhythmical accuracy in several dance styles, including classical ballet, tap, salsa, hip-hop, jazz dance.

Monday

Activity 1: Stretch (5 minutes). Do an activity that will allow you to use your muscles you stretched. (10 minutes)

Activity 2: Pick a dance class you would like to take. Write a one-page summary explaining why you selected this dance class.

Here are your options:

(Hip-hop, Tap, Jazz, Ballet, Salsa, or Classical)

Activity 3: Visit www.youtube.com. What dance class did you choose? Look up the dance class you selected, learn one 8 count, and send me your video. Good luck!

Activities 2 and 3 are due by Thursday April 23, 2020.

Email: mdaily@pvacademy.org

Tuesday

Activity 1: Stretch (5 minutes). Do an activity that will allow you to use your muscles you stretched. (10minutes)

Wednesday

Activity 1: Stretch (5 minutes). Do an activity that will allow you to use your muscles you stretched. (10 minutes)

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Thursday

Activity 1: Stretch (5 minutes). Do an activity that will allow you to use your muscles you stretched. (10 minutes)